

Resource List for Self Sufficiency classes

Compiled by Ame Vanorio

www.foxrunproduce.com

Top Ten Online for info, products and educational services

1. Fox Run Farm - instructional manuals, classes both on site and online in [self sufficiency](#), [organic gardening](#) and raising livestock
www.foxrunproduce.com
2. [Mother Earth News](#) - online information and in print magazine
www.motherearthnews.com
3. Countryside and Small Stock Journal - online information and in print magazine that is predominantly reader written
<http://www.countrysidemag.com/>
4. Lehman's Non-Electric Catalog - a family owned company that supplies practical off grid/Amish products. Great selection of oil lamps, propane and woods appliances and hand tools.
www.lehmans.com
5. [Northern Tool and Equipment](#) - good prices, good selection of solar panels and off grid power supplies, woodstoves and of course tools
www.northerntool.com
6. [Tractor Supply Company](#) - ok, usually I don't like box stores but I do like Tractor Supply. My local store in Dry Ridge Kentucky has a couple older farmers/clerks who remember when.... and are a delight to talk to.
www.tractorsupply.com
7. AcresUSA Book Catalog - AcresUSA is also an in print magazine but they put together a wonderful book catalog. Yes, Amazon is cheaper but do yourself a favor and support the people who know about books for the homesteader.
www.acresusa.com
8. [Country Plans](#)
DIY plans and forums for persons building cabins, small houses many of whom are homesteaders
<http://www.countryplans.com/>
9. [Build It Solar](#) – has numerous do it yourself projects that are easy and inexpensive
<http://www.builditsolar.com/>
10. [Homesteaders Supply](#) – products for homesteaders – there best resource is their customer service – got a question just ask!
<http://www.homesteadersupply.com/>

Top Ten Reads

1. John Seymour - the man who "founded the back to the land movement" of the seventies, into which I fell hook, line and sinker-The Guide to Self Sufficiency and The Self Sufficient Gardener are my favorite books
2. The Story's Guides to... livestock care - great , well rounded books for all types of livestock. My favorite is the Goat one by JD Belanger editor of Countryside magazine.
3. The Have More Plan by Ed and Carolyn Robinson- a classic that will help you plan out your farm hardscape.
4. Eliot Coleman - Four Season Harvest is my favorite but he has also written The New Organic Grower and Winter Harvest Handbook
5. Gene Logsdon - Ohio's native son - my favorite is Small Scale Grain Raising which has a great chapter on raising livestock food - but I have not read Holy Shit yet! Also a classic is the Contrary Farmer
6. Mini Farming : Self Sufficiency on 1/4 of an Acre - a good beginners book and great for those with small spaces
7. The Humanure Book by Joseph Jenkins - this book will change the way you feel about your poop!
8. The Good Life by Helen and Scott Nearing; who pioneered it all. I am always inspired and awed every time I read this book - which is annually!
9. From Tent To Cabin by Laurence Gadd - a very basic and practical guide to cabin building
10. The Home Water Supply by Stu Campbell - a must read for off-gridders - you can't get far without a water supply! This book covers it all.

Top Five Seed Catalogs - there are many good seed catalogs and great local growers but these are the five I order from year after year.

1. Berlin Seeds - an Amish company ,so not online - great prices and customer service. They have really expanded into OMRI products.
1-877-464-0892
2. Fedco - the granddaddy of sustainable seeds, employee owned cooperative, also carries a broad line of supplies, cover crops and fruit trees
207-873-7333 www.fedcoseeds.com
3. Johnnys - also an employee owned company for sustainable seeds and supplies. I like to watch their instructional videos online. Their customer service reps are very knowledable.
877-564-6697 www.johnnyseeds.com
4. Seed Savers Exchange - devoted to saving heirloom varieties.
563-382-5990 www.seedsavers.org
5. Millers Nurseries - family owned for the past 75 years. Great quality fruit trees, berries and ornamentals.
800-836-9630 www.millernurseries.com